



WIRRAL MHST Parent & Carer Newsletter



Welcome to our Wirral Mental Health Support Team (MHST's), parent & carer newsletter. This is our regular update from the local team supporting Wirral schools and colleges with all things mental wellbeing.

If you have any feedback about the newsletter feel free to contact us via cwp.adminmhst@nhs.net

If you would like to share your feedback with us, please scan the QR code above and select our service, MHST Wirral. Your feedback is really appreciated as it helps us improve our service for other children, young people, and families that we support. The feedback we capture will be anonymous

Invitation for Parents & Carers to Participate in a Research Study titled: How do parents and children experience mental health support in schools when on the Autism pathway?

Deborah Sheffield (trainee clinical psychologist) at the University of Liverpool Mersey Care NHS Foundation Trust is inviting parents and carers to take part in a research study investigating how parents and children experience mental health support in schools when on the autism pathway.

Criteria to take part in the study:

- A child or young person aged between 9 and 11
- A child or young person received support from an educational mental health practitioner.
- A child or young person is autistic or waiting for a diagnostic assessment for autism.
- A child or young person's parent or guardian received support from an educational mental health practitioner.

There is a £15 gift card in appreciation for taking part.

For more information, please email D.Sheffield@liverpool.ac.uk or speak to your Educational Mental Health Practitioner

"Go somewhere good" this summer .. coming soon

For some young people, the extended hours of isolation over the summer holiday can mean retreating into phones - and getting advice and ideas from worrying places.

Kooth is offering a service for young people to go somewhere good this summer and are launching a new campaign #GoSomewhereGood.

The Go Somewhere Good campaign launches on 24th June - please let your young people know about this.

For the poster [Please Click Here](#).

Whats going on over Summer

MHST to celebrate New Brighton Pride 2024
MHST will be joining thousands of people at the Floral Pavilion to celebrate New Brighton Pride 2024. The annual event gets underway on Saturday 30th August 2024, with the parade starting in the Victoria Quarter before making its way through the town centre and finishing in the Floral Pavilion for performances and stalls. MHST will also be hosting a stall inside the Floral Pavilion to provide communities with a range of information, advice, and fun activities, including our annual pride art project.



Hive Holiday Club!

Half day 8.30am-12.30pm or 12.30-4.30pm

Full day 8.30-4.30pm

Lunch and healthy snacks included

8-12s

Subsidised places if you receive free school meals

Monday 29th July - Thursday 1st August
Monday 5th August - Thursday 8th August
Monday 12th August - Thursday 15th August
Monday 19th August - Thursday 22nd August

**On Wednesdays holiday club is am-only, with option to stay for our open juniors SUPER session 1-6pm for just 50p extra!*

THE hive
An OnSide Health Zone

[Click here book a place for Hive Holiday Club](#)

SCHOOL UNIFORM SALE DATES 2024

Alli £5 School Uniform Bundle - Confirmed to go Live Thursday 4th July 2024

Tesco 25% Off All School Uniform - Predicted to go Live Tuesday 23rd July 2024

M&S 20% Off All School Uniform - Predicted to go Live Tuesday 2nd July 2024

Sainsbury's 25% off School Uniform - Confirmed to go Live Weds 19th June 2024

GroceryAid Grant - School Uniform Grant Applications Open June 18th 2024

More information & Other Ways to Save on School Uniform can be found at moneysavingcentral.co.uk/school-uniform-sale-dates